

ACTIVITIES GUIDE



MOUNTAIN BIKING

Falls Creek Mountain Bike Park is 50km of world class gravity trails, our trails have been built with the rider in mind. Accessible to the newest of bikers and enticing to the most experienced, there's something to keep everyone entertained.



HIKING & TRAIL RUNNING

Explore the High country's undulating plains for the vibrant alpine wildflowers. With a variety of walks to enjoy, from an easy 1/2 hour stroll to scenic vantage points to more challenging day or overnight hikes.



ROAD & GRAVEL BIKING

Ideal for those seeking adventure and space out beyond the resort boundaries. From smooth & idyllic aqueduct trails right through to all day alpine epics the rewards are waiting for those willing to push on just a little farther.



DISC GOLF

Try your hand at Disc Golf with friends and family this summer! Much like traditional golf, players aim to complete each hole in the fewest number of strokes; except instead of a golf ball players use a frisbee! Open now! Head to the Visitor Information Centre to hire your discs.



WATERSPORTS & FISHING

Rocky Valley Lake is the jewel of the high country, 250 hectares of crystal clear water waiting to be explored! Head to the foreshore area (just before the dam wall) for grassy banks, picnic spots and a safe entry point to paddle or swim.



TOURS & EXPERIENCES

Leave the planning to the experts and get on board a summer guided tour. Overnight hiking treks, camping under the stars, finding secret waterholes, exploring the historic huts or biking through high plains there are activities for everyone.

EVENTS



MTB Ladies Australia Xmas Ride, 2nd December

The ride includes a fun scavenger hunt, exploring the new trails and a reccy ride of the Fox Super Flow runs. You will also go into the draw for free race entry and spot prizes courtesy of affiliates Rocky Trail and @Ride High Country. Register here [MTB Ladies Australia Christmas Ride](#)



Fox Superflow, 9th & 10th December

One of the most popular gravity enduro series in Australia coming to Falls Creek for the first time. Drop in with your buddies or leave a space to pin. It's about doing party trains, railing berms and SENDING IT! Register here [Fox Superflow](#)

Check our 2023 Events Calendar at falls creek.com.au/events

TO FIND OUT MORE GO TO:
[FALLSCREEK.COM.AU/WHATS-ON](https://falls creek.com.au/whats-on)

WHAT'S ON?
December 2023



DINING GUIDE

RESTAURANT	OPENING HOURS	DETAILS
1550 @ St Falls	Open daily 8am-4pm	Serving up some seriously tasty breakfast and lunch. Perfect place on a sunny day to enjoy a beverage on the terrace with stunning views down the valley.
Blue Dirt Cafe	Friday to Sunday 8am-5pm	Offering coffee, cold drinks, lunches and snacks on the go. Local hangout for riders to meet up before jumping on the shuttles. Kick back by the fire with a cold drink at the end of the day!
Foodworks	Monday to Saturday 10am-3pm	One stop shop for the essentials before you hit the trails, stock up on snacks or grab a cold drink. Selection of fresh food can be pre-ordered online for perishables at Foodworks Online
Frying Pan Inn	Monday to Friday 4pm-late Fox Superflow (9th & 10th) 7:30am-6:00pm	Enjoy classic craft beers and superbly prepared BBQ in the village bowl at this iconic establishment. Please book online or call 03 5758 9100.
JB's Restaurant & Bar	Open daily from 5:30 pm	Try an authentic German dinner menu in the evening. A trip to JB's wouldn't be complete without trying the cheese fondue! Bookings required, call 5758 3278 to book.
The Last Hoot	Open daily 5pm-late	Your go to spot for delicious pizza, burgers and friendly vibes. Always open, always great. Bookings recommended, call 5758 3088, takeaway available.

SERVICES



Blue Dirt Shuttles

Operating exclusive uplift mountain biking shuttles at Falls Creek to access trails with ease. With pick up locations at Slalom Plaza and Howman's Gap you can be transported to the Summit to enjoy more than 50km's of mountain biking terrain without the uphill rides. Book a MTB shuttle with Blue Dirt at bluedirt.com.au



Falls Creek Guides

Breathe in the Victorian Alps with a tour from Falls Creek Guides. Offering a variety of hiking and electric bike tours which range from a few hours to multi day adventures. Personalised tours are available upon request. Book a tour with Falls Creek Guides on fallscreekguides.com.au



Mountain Fitness Club

Premium training gym facility catering to athletes, locals, visitors and holidaymakers. Stocked with brand new equipment including Peloton and Assault Bikes, Concept Two Rowers and Ski Erg's, Treadmills and Strength training equipment. Open 6am - 9pm every day. Check out their summer discount pricing and book a pass for your next visit at mountainfitnessclub.com.au

TO FIND OUT MORE GO TO:
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WHAT'S ON?
November 2023

