

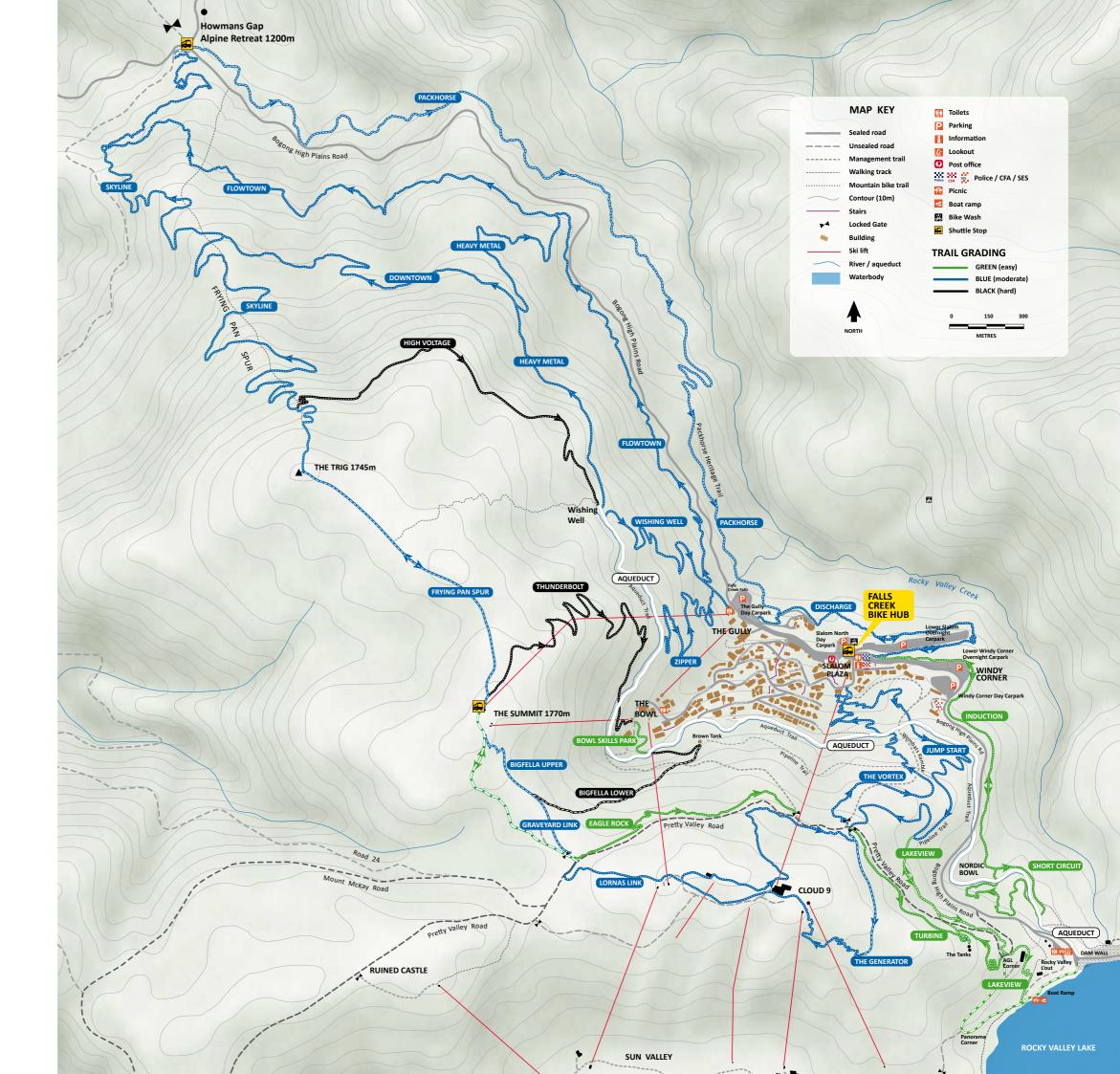
# Mountain Bike Trail Map

### MOUNTAIN BIKE TRAILS

AQUEDUCT	4.5km Multi-direction
LAKEVIEW	1.5km Descent
	2.3km Multi-Direction Link
	2.3km Loop
EAGLE ROCK	2.9km Descent
SKILLS PARK	0.5km Descent
TURBINE	1.0km Descent
VORTEX	2.2km Descent
THE GENERATOR	3.2km Loop
LORNA'S LINK	0.6km Climb
FRYING PAN SPUR	1.3km Multi-Direction
WISHING WELL	1.3km Descent
ZIPPER	1.4km Descent
GRAVEYARD	0.6km Climb
JUMPSTART	1.9km Climb
DISCHARGE	1.5km Multi-Direction
PACKHORSE	4.7km Climb
FLOWTOWN	5.8km Descent
DOWNTOWN	1.6km Descent
HEAVY METAL	2.2km Descent
SKYLINE	
BIG FELLA	1.3km Descent
HIGH VOLTAGE	2.3km Descent
THUNDERBOLT	2.1km Descent











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EASY TRAILS Mostly flat or slightly descending & easily manageable by most riders. Features are either small or easy to avoid.

AQUEDUCT TRAIL 4.5km out & back The sightseer's trail, this follows the pretty water course across the top of the village with access to many trails. FEATURES & GRADIENT Relatively flat and well graded, this trail is ideal for all abilities including children and walkers. DIFFICULTY - easy RIDE TIME - 15 minutes	EAGLE ROCK 1.3km DESCENT FEATURES & GRADIENT Descending flow trail from the Summit Road entrance through to Pretty Valley Road below. Introduces some tight berms and minor rollers with a forgiving gradient on the way down. DIFFICULTY - easy RIDE TIME - 5 minutes	TURBINE 1.2km DESCENT FEATURES & GRADIENT Brings in some natural features of roots and rocks to bump your way over whilst navigating through the snow gums. Re-routed from an up trail to descend, tighter berms mean technical skills are slightly higher than other green descents. DIFFICULTY - Easy RIDE TIME - 5 minutes	LAKEVIEW 1.5km DESCENT FEATURES & GRADIENT Descending flow-down from the top of Jumpstart to the Lake Foreshore. Incorporates some fire trail and singletrack plus large bridge segments through marshy terrain. DIFFICULTY - easy RIDE TIME- 10 minutes	IMBA RULES OF THE IMBA DEVELOPED THE "RULES OF RESPONSIBLE AND COURTEOUS USE TRAILS. KEEP IN MIND THAT YIELDING AND PASSING MAY VAI LOCATIONS, OR WITH TRAFFIC OF RIDE OPEN TRAILS: RESPECT TRA — ASK RESORT MANAGEMENT F ARE UNCERTAIN ABOUT THE STA TRESPASS ON PRIVATE LAND. OB AUTHORISATION AS REQUIRED. E ARE NOT PERMITTED IN ALPINE I.
SKILLS PARK 0.5 km DESCENT FEATURES & GRADIENT This is a great one to loop - a fun descending pump track from the bottom of Big Fella into the Village Bowl. It's a great training ground for beginners with introductory berms, rollers and jumps. DIFFICULTY - easy RIDE TIME - 2 minutes	SHORT CIRCUIT 0.7km LOOP FEATURES & GRADIENT Pleasant loop through the Nordic Bowl from the end of Induction joining back at this point. Entirely singletrack, it features some easy rollers and introduces riders to simple berms and other features without too much fuss. DIFFICULTY - easy RIDE TIME - 3 minutes	INDUCTION 1.6km MULTI-DIRECTION LINK FEATURES & GRADIENT Link trail from the Slalom Trailhead area through to the Nordic Bowl. An easy trail it takes in slightly undulating singletrack with a total 50m elevation gain/loss. DIFFICULTY - easy RIDE TIME - 5 minutes	<b>GREENLINE</b> 5km / 8KM DESCENT Descending link-up of intro green trails from the Summit to Lake Foreshore. Start dusty on the Summit Road before switching to singletrack on Eagle Rock, Turbine and Lakeview Trails. From the Lakeside to Village a further 3km extension of green & white trail makes 8km total. Lap all day on a shuttle pass or link onto connecting blues, this is a fun ride that's good for all abilities.	ON DESIGNATED TRACKS AND TH LEAVE NO TRACE: BE SENSITIVE T YOU, WET AND MUDDY TRAILS A TO DAMAGE THAN DRY ONES. W CONSIDER OTHER RIDING OPTIO STAYING ON EXISTING TRAILS AM ONES. DON'T CUT SWITCHBACKS AT LEAST AS MUCH AS YOU PACH CONTROL YOUR BICYCLE: INATTH MOMENT COULD PUT YOURSELF OBEY ALL BICYCLE SPEED REGUL THE VILLAGE) AND RECOMMEND WITHIN YOUR LIMITS.

INTERMEDIATE TRAILS Variable XC terrain with climbs, pinches and flowing descents. Features step it up but offers B lines when things get a bit hectic.

JUMPSTART 1.9km CLIMB	VORTEX 2.2km DESCENT	GENERATOR 3.2km LOOP	GRAVEYARD 0.6km CLIMB	DISCHARGE 1.5km MULTI-DIRECTION	FLOWTOWN 5.8km DESCENT
Ascent from Slalom Plaza up to Pretty Valley Road for access to Vortex, Lakeview, Generator and the Summit-based trails. FEATURES & GRADIENT Moderate climb on narrow singletrack with multiple switchbacks, armouring and some technical feeatures. DIFFICULTY - intermediate RIDE TIME - 25 minutes	FEATURES & GRADIENT Descending flow-down trail entirely on singletrack with wide berms and rollers as well as rocks & jumps - some with A/B lines. Overall descent leads to Slalom Plaza with Aqueduct Trail intersecting. DIFFICULTY - intermediate RIDE TIME - 10 minutes	FEATURES & GRADIENT A moderate climb up Wombats Ramble with technical switchbacks on Drovers before forming a loop around Cloud 9 via Drovers, Towers and Lakeside areas. Berms, rollers and bridges on the way down. DIFFICULTY - intermediate RIDE TIME - 35 minutes	FEATURES & GRADIENT Technically a climb but not a demanding one as you fork off from Big Fella across the Summit face to Pretty Valley Road above. A good link into Eagle Rock or Lorna's. DIFFICULTY - intermediate RIDE TIME - 3 minutes	FEATURES & GRADIENT XC linkage joining the Gully and Slalom Trailheads. Multi- direction but with around 100m elevation increase heading uphill. DIFFICULTY - intermediate RIDE TIME - 10 minutes	A non-stop rollercoaster of flowing berms, wide bridges and massive rollers. FEATURES & GRADIENT Descending flow descent with big regulating rollers in between wide bridges and A/B jump lines through the trees. DIFFICULTY - intermediate RIDE TIME- 35 minutes
LORNA'S LINK 0.6km CLIMB FEATURES & GRADIENT Link trail between Pretty Valley Road and Ski Patrol Base to access the descending section of Generator. A short one but with a reasonably steep grind so pick a low gear. DIFFICULTY - intermediate RIDE TIME - 5 minutes	FRYING PAN SPUR 1.4km MULTI DIRECTION FEATURES & GRADIENT Undulating out and back trail on crushed rock. Includes some speedy sections with a few pinches to access the Trig. Ride as an Out & Back or continue on from the Trig to descend via High Voltage or Skyline. DIFFICULTY - intermediate RIDE TIME - 10 minutes	WISHING WELL 1.3km DESCENT FEATURES & GRADIENT Descending flow-down singletrack from the end of the Aqueduct Trail to the Gully Car Park. Features large berms and rollers plus some bridges and moderate drops over rock features. DIFFICULTY - intermediate RIDE TIME - 10 minutes	PACKHORSE 4.6km CLIMB FEATURES & GRADIENT One way climb to access the village from the Ticket Box in Howmans Gap. Keep an eye out for walkers on this multi use trail - it also reverses to descent on selected events. DIFFICULTY - intermediate RIDE TIME - 35 minutes	ZIPPER 1.4km DESCENT NEW   Introducing a new easy-flow descending trail. FEATURES & GRADIENT   Starting at the Aquedeuct and flowing down to The Gully, it's got great views, and smooth turns in this short little funster. DIFFICULTY - easy intermediate RIDE TIME - 5 minutes	SKYLINE 4.1km DESCENTNEWOur newest epic flow trail from top to bottom with plenty of features and stunning views of the mountains around.FEATURES & GRADIENT Flow and, berms, rock roll-overs and views for daysDIFFICULTY - intermediate with a few hard features, B-lines RIDE TIME - 20 minutes

DOWNTOWN 1.6km DESCENT NEW FEATURES & GRADIENT This short but important trail connects you from Heavy Metal over to Skyline to get the best of both trails. Hunker down and go for it! DIFFICULTY - intermediate RIDE TIME - 15 minutes	THUNDERBOLT 2.1km DESCENT FEATURES & GRADIENT Intermediate difficulty All Mountain trail with some Advanced features in places up high on the Summit. Further down plenty of flow around the corners with some fun jumps, berms and A/B lines. DIFFICULTY - advanced RIDE TIME - 20 minutes	BIG FELLA 1.3km DESCENT FEATURES & GRADIENT Advanced All Mountain trail with a steep gradient & built features after the Graveyard fork. Use to access the Skills Park or jump off early to visit the Big Fella tank and village. DIFFICULTY - advanced RIDE TIME - 20 minutes	SUMMIT TO TICKETBOX 10.8km DESCENT The Big One. From the Summit top joining Flowtown up with Frying Pan, High Voltage and Wishing Well gives an unbroken 10.8km stretch of singletrack from the Summit to the Ticket Box. All up this is a 525m descent and the final stretch is suitable for Intermediate riders. This was the first 10km+ unbroken gravity trail to launch in Australia and holds its own as a must-ride for any serious shredder. It has everything from steep rock gardens and
HEAVY METAL 2.2km DESCENT NEW FEATURES & GRADIENT Full of bridges, and fun features this trail will chuck you into the bottom of Flowtown's smooth berms, soft dirt and flowy corners. DIFFICULTY - intermediate RIDE TIME - 20 minutes	HIGH VOLTAGE 2.3km DESCENT The Trig starts off with some awesome views before heading down to High Voltage by way of a steep armoured access for around 50m. Technically not a black ride in entirety, this early section bumps the trail into that class with technical skills needed to ride this without wearing out your brakes. Once on the singletrack it is a feature-rider's dream with some epic flow action all the way down.	FEATURES & GRADIENT Descending flow-descent filled with lines of recurring jumps, bridges and rollers. A/B lines make this definitely rideable for Intemediate skill levels, riders just may want to take extra care on the initial armoued descent. DIFFICULTY - intermediate RIDE TIME - 25 minutes	huge jump lines to massive berms and fast pump-track. FEATURES & GRADIENT Descending flow descent with big regulating rollers in between wide bridges and A/B jump lines through the trees. DIFFICULTY - intermediate RIDE TIME - 35 minutes

ADVANCED TRAILS Not extreme but contain sections or features considered too advanced for a blue trail.

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