

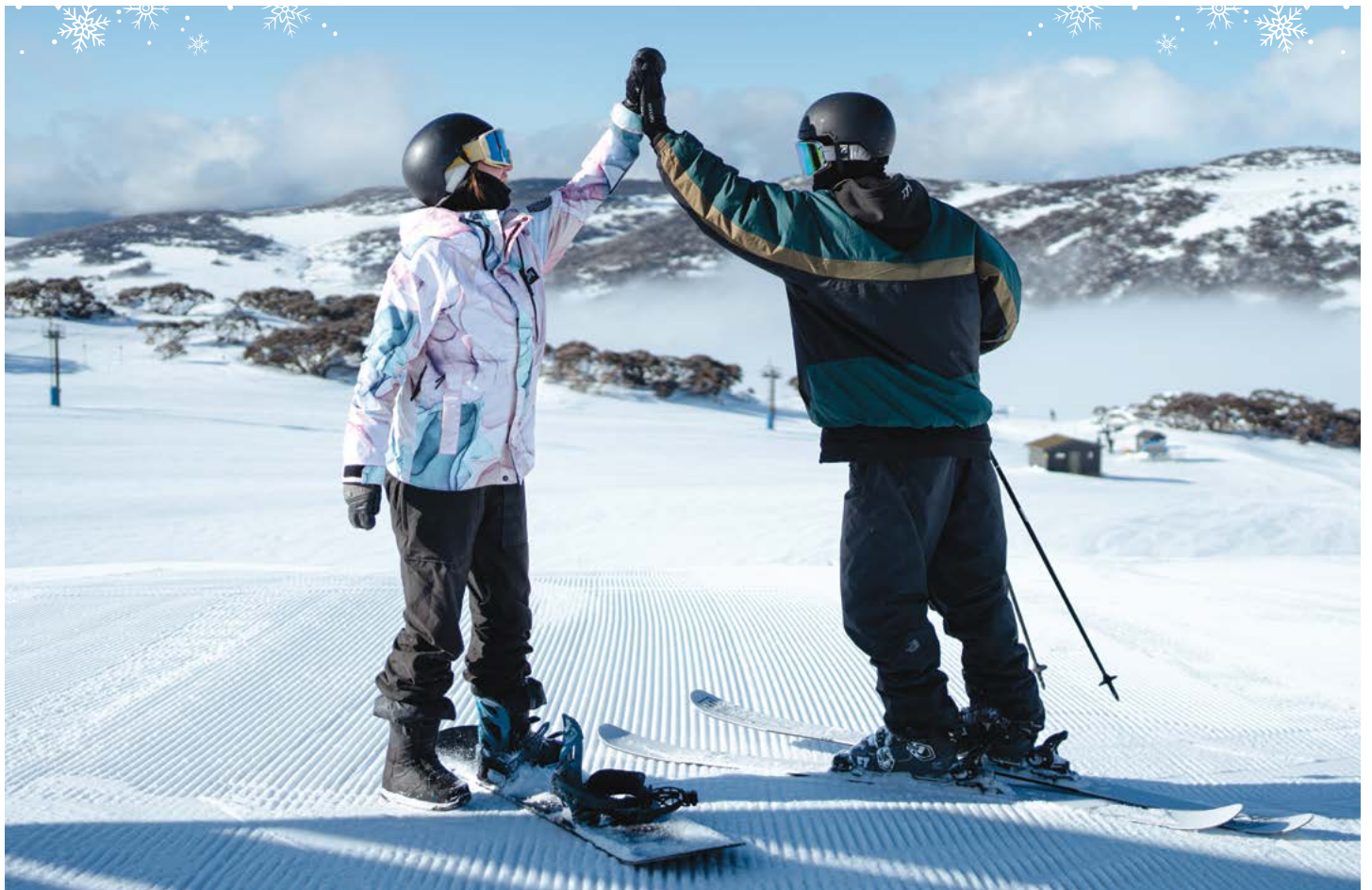
# FALLS CREEK & MOUNT BEAUTY **THIS WEEK**

PRICELESS

WINTER EDITION NINE

FRIDAY 12TH AUGUST 2022

Cheers! Let's Do it!



How good is this? Pic – Courtesy FCRM

Left: Friends in the snow – all smiles! Pic – FCRM

Right: When the lifts stop turning - there is still plenty of beauty to enjoy! Pic – Kim Walker

# FROM THE CEO

## Celebrating 75 Years

The Australian Alps hold a unique place for many. The stories of the mountains being a meeting place for first nation's people stretch back millennia. Whilst in more recent times, the folklore of the mountain cattleman, whose names feature prominently on the huts across the high plains – Wallace's, Roper's, Ryder's, Edmondson's etc, visited 'Horseshoe Creek' and grazed their cattle across the high plains and is the stuff of legends. So too is Bogong Jack who shuffled stolen cattle from Wodonga to Omeo and back, rebranding or 'clean-skinning' them before meeting his untimely demise (search Bogong Jack Saddle Hut).

The game changing 'opening up' of Falls Creek was facilitated by the hydroelectricity pioneers, which ultimately formed up into the State Electricity Commission. The exploration of the potential for the Bogong High Plains to act as a catchment for hydro power was confirmed and in 1939 the better part of a

cattle track was redesigned and constructed to represent a road that would lead to Rocky Valley.

Whilst the high plains were skied by many prior to the establishment of Falls Creek, the area's growing reputation as a ski destination, accessible by road, saw it grow in popularity and reputation.

Several pioneering workers for the SEC began construction of the first lodge 'Skyline' in 1946. It was constructed stealthily, but legally (they had 99-year lease) and occupied a site which could not be seen from the road, on or abouts what is now effectively the tow line for the International Poma or 'Inter' as it's known locally. There is a memorial to the lodge at the Gully bus stop just outside of GEBI's.

From these very humble beginnings, the early pioneers began settling in to Falls Creek with the St. Elmo's its first residents in 1946, taking up a position with the SEC as a hydrologist, measuring stream flows, rainfall and weather patterns. This first residence

was an SEC Hut which served as a radio transmitter tower for communications across the high plains. The radio handle given to the hut was 'Falls Creek.'

Over the next several decades Falls Creek flourished. The true foundations of an Australian alpine village took shape. Now some 75 years later, that alpine village is Australia's premier all season's alpine resort, home to over 300 permanent residents and over 140 businesses. Falls Creek resort employs circa 1800 people during its peak winter season, generating \$400m in gross state product, the largest of any resort in Victoria. The resort is well-known for its 110ha of snowmaking, access to and supplied from the highest large body of water in the country, Rocky Valley, the legacy of its foundations as a hydro facility. The resort is often described as 'progression perfect' with its groomed trails providing a true 'something for everyone' skiing/boarding experience. This has transferred across to the green season activities of mountain and gravel biking as well as hiking. In winter, the food and beverage offers are unmatched by any mountain in Australia, so too the well-known friendliness of the mountain staff.

To celebrate 75 years, resort management in collaboration with the Falls Creek Historical Society have mounted a light totem in Slalom Plaza, celebrating, by decade, the establishment of the buildings which make the Falls Creek village so unique. To the keen follower of Falls Creek history, you will note, not every building is listed, only those standing today, many renamed and nearly

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## Plan Your Falls Creek Trip

[www.fallscreek.com.au](http://www.fallscreek.com.au)

### RESORT ENTRY PERMITS

A Resort Entry Vehicle Permit is required for your vehicle when entering the resort between the 4th June until 2nd October. The entrance to the resort is at Howmans Gap, approx 4kms below the village. Permits can be pre-purchased and printed at home prior to arriving in the resort, or purchased at the resort entrance.

The day rate is \$62. If you opt to print your permit at home you will receive a discounted fee. If arriving after 5pm and departing prior to midnight on the same day, entry is free.

Season Permits are available for purchase online for \$600 and can be collected at Howmans Gap Ticket Box or the Visitor Information Centre.

Resort Entry Fees fund the essential services of:

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- Visitor Information Services

### PLAN YOUR TRIP

Pre-purchasing tickets and printing at home makes it faster for you to get into the resort.

### Visitor Information Centre

The Falls Creek Visitor Information Centre is located in the Resort Management Office, upstairs on the corner of Slalom Street and Snowgum Lane.

Open 8am – 5pm daily for visitor information and gym memberships. Ph: (03) 5758 1200 (Map ref. E4).

### Accommodation Transfer Service (ATS)

Operating from the Terminal Building on Bogong High Plains Rd, the Accommodation Transfer service will transport you, your group and your luggage to your accommodation in the village. Tickets can be pre-purchased online or at the ATS terminal.

Hours of Operation:  
Saturday – Thursday 8am – 10pm  
Friday 8am – midnight

### ATS RATES

Trip	One Way	Return
Adult	\$28	\$45
Child (5–16yo)	\$20	\$28
Child under 5 (no luggage)	Free	Free
Family Pass (2 adults, 2 children 5–16)		\$125
Excess baggage		\$10
Transfer Service Season Pass		\$220
Taxi service (up to 10 ppl, no luggage)	\$100	\$180

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Open 8am – 5pm daily for visitor information and gym memberships. Ph: (03) 5758 1200 (Map ref. E4).

### Village Access

All roads in Falls Creek Village are now closed to all traffic.

For more details about Falls Creek Resort please visit [fallscreek.com.au](http://fallscreek.com.au)

Falls Creek Resort Management can be contacted via [info@fcrm.com.au](mailto:info@fcrm.com.au) or (03) 5758 1200

[fallscreekresort](https://facebook.com/fallscreekresort)  
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# FROM THE CEO

all substantially different to their origins, as stakeholders and business owners continue to invest in upgrades and improvements.

Keep an eye out for details of a special event to be held in September to mark the 75th Anniversary. The Falls Creek Historical Society, along with Resort Management will be hosting a rather quizzical night.

In November, the Historical Society will be hosting the annual Australian Alpine Snowsports History Associations conference. The 11th to the 13th sees delegates from all alpine regions in Australia come together to discuss all things unique to operating a historical society in the snow.

Ensuring that the resort history is preserved into perpetuity, the Falls Creek Historical Society is about to undertake its biggest project to date. The digitisation of its collection onto the Victoria Collections (Museum register).

Following the 2019/2020 bushfires the society committee prioritised the need to preserve its collection for future generations. Success in securing grant funding from The Summer Bushfire Recovery program, the digitisation will do just that. Part of the digitisation

platform is the collection of Oral histories., with former ski patroller John McDonald assisting the committee gathering interviews with well know Falls Creek residents. Keep on ear out for these in the very near future.

## Foodie Tip of the Week:

KasaBar (<https://kasa.bar/>). Falls Creek's newest culinary addition offers modern and traditional Japanese cuisine. We dropped in for lunch and experienced the Gohan Bentos (cooked rice lunch box). The Chicken Katsu with panko crumbs was popular and similarly the Teriyaki Glazed Barramundi was oishii desu. A small plate of salmon sushi and another with edamame kicked our lunch off nicely. Having met up with family who'd skied all morning, a pint of cold Sapporo completed the meal. Kanpai! (they've got Sake too if that's more your style). We'll head back for dinner to sample the ramen and don bowls before the end of the season. Note: KasaBar is walk in only and lunch and dinner offer two different menu selections, so two reasons to go!

Now, ganbatte - get out there & hit the trails.

Stuart Smythe, CEO  
Falls Creek Resort Management



*Skyline Lodge under construction in the summer of 1946 – 47 which became the first ski lodge in Falls Creek. In 1946, Toni and Skippy St Elmo lived in a two room hut near the existing road beside the creek down the gully to be known as Falls Creek. Pic – Courtesy the St Elmo collection.*

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Back in September 2020, local legend and three-time Winter Olympian, Steve Lee, had a debilitating stroke. He is currently fighting his way back through extensive rehabilitation to some life back on snow. The operation now runs in his name with all profits going to his recovery.

There's nothing that brings Steve more joy than riding a fresh line, but almost more so watching others enjoy that same feeling.

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# STATEMENT FROM THE BOARD

## Lakeside Development Project

Activation of the foreshore of Rocky Valley Dam at Falls Creek has been in the strategy pipeline over many years.

The Falls Creek Masterplan 2016 lists the Lakeside Development precinct as a key development node and the Victorian Alpine Resort Visitor Economy Development plan has further highlighted this precinct as a priority transformational project.

### Current project background

The lakeside precinct currently houses the ANARE shed (the acronym stands for the Australian National Antarctic Research Expedition). This shed, currently used for storage, provides scenic views across Rocky Valley Dam, the highest significant body of water in Australia. The current upgrade for the precinct provides for the redevelopment of the ANARE shed into a destination venue, incorporating trail head for the Falls to Hotham Alpine Crossing, water

sports base, cafe, public space/shelter, and interpretation centre.

The establishment of an iconic alpine crossing trailhead, along with a pontoon, jetty and enhancement of the tourism infrastructure will underpin other nature-based activities and highlight the significance of the alpine environment, flora and fauna through using this precinct as an education gateway.

The project advanced post the 2019/2020 bushfires and consequential evacuations of the resort over that summer, resulting in the complete loss of summer trade for the remainder of the green season. The Falls Creek Community Recovery Committee's surveying of priority projects across its local community saw this project as the preferred development for consideration to apply for grant funding through Bushfire Recovery Victoria's Local Economic Recovery Program.

The application was successful and the Falls Creek Alpine Resort Management Board (FCARMB) received \$2.5m to undertake works to activate this area.

FCARMB established a project steering committee in early 2021 with the key asset owners of associated infrastructure in the region, AGL and Parks Victoria, to begin the formulation of the development plans.

In collaboration with Regional Development Victoria, FCARMB managed to secure further support to activate the lakeside area, with funds secured to construct a boat ramp, via Victorian Fisheries Authority funding and the Victorian Government's Alpine Recovery Funding.

### Community engagement

Following the FCARMB's engagement framework and consistent with the project's engagement plan, an external service provider has been engaged and a series of facilitated sessions with broader users has commenced.

The FCARMB executive has also been engaging with high volume users, including schools, clubs, tour operators, event companies and the like to get further scope on what is currently in the initial design phase.

As the engagement continues, this site (see below) will continue to be updated with information gained from feedback and engagement.

An online survey will shortly be made available to all interested parties. Early registrations are possible through both the below link and direct contact with FCARMB's Economic Development and Land Management Team ([landmanagement@falls creek.com.au](mailto:landmanagement@falls creek.com.au)).

### Impact on existing cross country trails

Full all-year-round activation of the redeveloped ANARE shed would likely require the removal of snow from the key access road which provides transport to the Lakeside Precinct. This road currently forms the base of part of the cross country trail network.

Whilst the FCARMB has not made a decision with respect to clearing snow from the road and will not be doing so in its remaining term, community feedback is being sought on a range of opportunities for activation of the lakeside precinct. This includes working with clubs and user groups on the widening of other cross country access options and new trail development to compensate if future changes are made to the current trail network.

This feedback will inform future strategic planning around the lakeside and its activation. In addition, the FCARMB will be recommending to the incoming ARV Board that a strategic review of XC skiing be undertaken as a priority project.

For further detail: <https://corporate.falls creek.com.au/lakeside-development-project-planning/>

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# COMFORTABLE SKIING

## What the Foot?

Like us grown-ups, the foot has a job to do. Unlike all of us, it's a damn important job. It holds us up, walks over rough surfaces, has 26 tiny bones and 13 joints that hold the weight of our body plus the extra forces (three to five times the body weight!) put through it when walking, running, jumping, hopping, skipping, dancing and skiing. And yet it is also sensitive enough to feel a tiny grain of sand between our toes. Astounding.

Leonardo Da Vinci said, "the human foot is a masterpiece of engineering and a work of art," and I absolutely agree. It is amazing, and yet so often we take for granted what it does for us... until it gets sore. Then we freak out about why it's sore and isn't working properly. When really, we should just be amazed it can do its usual feats of brilliance without issues!

The human foot is designed for standing, walking and running. But sometimes the loads we're wanting to put through it can be more than what it's ready for. When we start running and get sore feet because we've increased the load on the foot faster than it can adapt to the changes, we look at reducing these loads with strengthening, stretches or maybe orthotics (and usually better footwear).

The complexity of the foot and its mechanical function means there is a limit to the absolute understanding of it by humans and it is constantly debated amongst academics and clinicians. When it comes to skiing, the foot was absolutely not designed to be in a ski boot (a honking, great plastic box) or be in the same position

all day. The foot is designed to move, to conform, to flex and stretch yet a ski boot prevents these natural motions.

In a ski boot the foot needs some extra help to support the crazy forces that we're putting through it. The foot needs to be able to allow for pronation (rolling in of the ankle and midfoot) to initiate turns and absorb shock. It also needs to be able to supinate (rolling out) to create a rigid platform with which to hold an edge and go through the middle and end of a turn. And every movement you make, you want it to translate into the ski to control your skiing. So much movement, yet so little space!

Therefore, the first port of call to resolve most ski boot issues is an appropriate ski orthotic. They independently fix half of the problems that pop up and keep the foot stable and secure so the rest of the issues can then be dealt with. Ski orthotics disperse pressure evenly across the bottom of the foot to prevent burning spots, they support and align to prevent muscle fatigue, and improve translation of your movements into the boot and ski with less energy loss.

So, whatever the issue or injury, a thorough understanding of the anatomy, physiology



*We love our boots – when they're comfortable!  
Pic – Courtesy Ortho Ski*

and biomechanics of the foot is mandatory for those attending to your ski boots. •

Article courtesy Ortho Ski

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# RIGHT PROJECT

## Wrong Location

On 25 July, the 'Mount Beauty raw water off-take Reference Group' were invited to meet with the North East Water Board of Directors to express their views on the proposed pumping station.

Nine of the original 12 members were in attendance and took the opportunity to share with the Board their opinions on the challenge of updating our 'raw' water supply. This was after the completion of many hours of Reference Group meetings and correspondence with NEW and the Group's members.

It should be noted that after this process, a majority of Reference Group members still felt that Site 2 (Embankment Drive)

was not the appropriate site for NEW's pumping station. An alternative area (commonly known as 'Site 9') was seen as the best alternative location. Importantly, a majority of members felt that despite all the meetings and discussions, there was insufficient information and data available to accurately explore Site 9.

Since Site 9 was the only feasible alternative to Site 2, a majority of reference group members recommended that the Board could not make an informed decision. The common theme was that there was simply not enough reliable detail around what a potential solution may look like for Site 9 (which incorporates both the AGL Tailrace and the West Kiewa River). It should also be noted that AGL was co-operative in this process and is very open to discussing long-term solutions which include some of their assets (eg. the Tailrace).

The NEW Board announced their decision on Wednesday 27th July, that an 'independent project assurance review' is to be undertaken on the two remaining sites (2 and 9). This acknowledged that further work needs to be done to develop a potential solution for Site 9 in order to accurately compare it to the fully engineered

plans that have been undertaken for Site 2.

This announcement clearly represents that a decision on site selection has not yet been finalised. Importantly, it is also an acknowledgment by the NEW Board that a very significant portion of the local and tourist community have objected to Site 2 based on how the river is accessed and used by community members and visitors alike.

Perhaps contrary to some of the messaging up to this point, it was made clear in the NEW Board's decision, that cost alone is not the primary factor in their decision. But, that there are many other factors to be considered, including: the loss of amenity; economic costs; safety concerns; and potential environmental impacts (if Site 2 was to progress).

The Reference Group's community members would like to thank all of the individual North East Water staff involved in the Reference Group meetings. Their efforts to support and co-ordinate the site visits, attend the technical group meetings and their attendance at regular after-hours meetings in Mount Beauty, is hugely appreciated. It also showed a genuine attempt to consider the project's complex issues and to attempt to arrive at a mutually

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Map Ref: G2

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# FALL LINES

agreeable solution. In particular, we thank Ms Cath Botta and Ms Jo Murdoch for their leadership and commitment to this process.

Whilst this outcome is a positive step in the right direction, our community requires clarity on the assurance process and which issues exactly will be considered in advising the Board on their next decision. We remind community members that over 1,500 signed a petition and clearly expressed their view that this is a good and necessary investment in the future of our water security, but that Site 2 is simply the wrong location. If we do not advocate for and look after our tiny riverfront reserve, then who will? And how will we tell our children that we didn't take action to save our Kiewa River from further industrial development. •

## One for Steve

Steve Lee represented his country at three winter Olympics, Sarajevo in 1984, Calgary in 1988 and Albertville in 1992. He also won a World Cup Super G at Furano in Japan in 1985 becoming only the second Australian to win a World Cup event after Malcom Milne (also a Falls Creek skier).

After suffering a severe stroke in September 2020, Steve has lost a lot of the use of the left side of his body – but his sense of humour is still there.

Last Sunday, 7th of August was Steve's 60th birthday and as is want, about 85 of his nearest and dearest turned up at Attunga Lodge (the home where Steve grew up and which still houses his World Cup wining trophy from Furano, Japan) being

graciously hosted by James and Bron and their team a great night was had by all.

After cutting the cake with daughter Layla, Steve was treated to something of a strip-show from a 'blast from the past!' He then, with a couple of the old skiing buddies from the touring and Olympic days, proceeded to entertain the crowd with some fascinating stories of the glory days and the antics a team of young Aussie skiers get up to when they are roaming international resorts with a raging thirst.

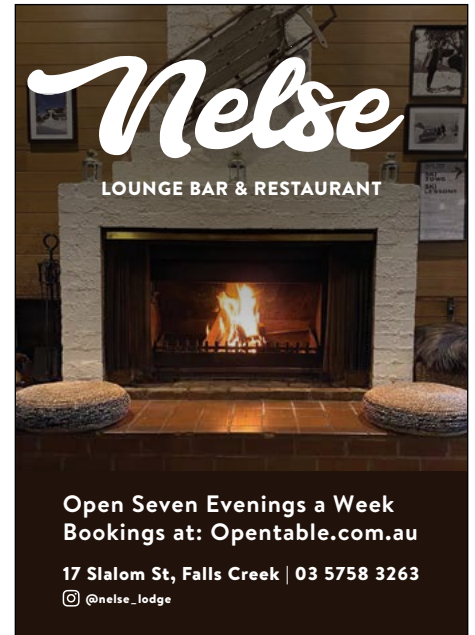
One significant little statement said 'Any success any member of the team had – it was for all the team' – a sign of the great bonding that existed among the group.

Thanks Steve for a great night and all the best for the sixtieth and for many more to come. •



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# BEAUTIFUL SKIN AT ALTITUDE

## Important Advice!

We all like our powder nice and dry, with big fat flakes.... but the same can't be said about our skin. Keeping skin moist and healthy at altitude takes some work. Le Skin Chalet is three like-minded friends, doctors and snow-tragics who share a passion for skin and snow. Here are some questions you may like answers to while making the most of your holiday/s in the snow.

### Do I need sunscreen at the snow?

Yes! The ultraviolet (UV) radiation is significantly greater than at sea level – this is because the atmosphere is thinner and absorbs less UV radiation from the sun.

Did you know there is a 10-12% increase in UV radiation for every 1000m increase in altitude? Such that Falls Creek at 1780m has 17-21% more UV radiation than in Melbourne. On top of that, snow is highly reflective and can reflect up to 90% of UV radiation – Combined this almost doubles your exposure to UV compared with downtown Melbourne.

Why does my skin feel drier at the snow?

How do I avoid dry skin?

My lips are so dry and cracked. Help!

But what happens if it is not sunny, do I still need sunscreen?

Ok, so I need to wear sunscreen. How do I apply?

Which sunscreen is best?

But I didn't get sunburnt, just windburnt!

What about my goggle tan? I can't go home without it!

OK, so How do I meet Le Skin Chalet and get some help?

Le Skin Chalet team are visiting Falls Creek with their bespoke skin service for one



The le Skin Chalet team from left, Dr Priska McDonald, Dr Alice Rudd, Dr Felicity Gould. Pic – Courtesy Le Skin Chalet

weekend only this winter – this weekend August 13 & 14.

Visit their website or insta page for details about bespoke peels, rejuvenating heallite, acne treatments and of course a sprinkling of antiwrinkle magic for those who desire.

Why? Because everyone deserves good skin no matter the altitude. Leskinchalet.com. •

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[leskinchalet.com](http://leskinchalet.com) Instagram icon

Lake Eildon and Inlet Valve

## We're proud to support our local communities

Each year, our AGL Hydro Community Fund awards grants to community-based initiatives, projects and events in and around Mount Beauty and Eildon.

To see if you are eligible for one of our grants, download our guidelines or call us, then submit your application between 1 September 2022 and 30 September 2022.

agl.com.au/hydro 03 5754 3222

Progress for life



# VICTORIAN INTERSCHOOLS

## Small but Classy

After two years of cancellations due to COVID-19, the Victorian Interscholar Ski Championships were finally back on the calendar at Mount Buller (Sunday 7th August 2022). Mount Beauty Primary and Secondary schools sent a small but very strong team for the one-day Cross Country Skiing events. The format of the day is individual classic racing in the morning and team skate relays (3 skiers per team) in the afternoon. Skiers are allocated to divisions based on their school year level; Division 5 for grade 3 and 4 all the way up to Division 1 for year 11 and 12.

Most of the Mount Beauty skiers have been regular attendees at the Birkie Junior Ski Team weekly roller-ski sessions. This program runs in term two and is in part aimed to prepare the junior skiers for events like the interschools.

Race day for us started super early (just after 4am) to ensure we had enough time to drive to Mount Buller. The sun rose to welcome an unexpectedly sunny and still day on the mountain. Upon our arrival, the race village was buzzing with over 280 competitors from around the state, excitedly preparing to race.

We might have had one of the smallest teams at the race but made up for it with some outstanding performances and spirited cheering. The relays were the highlight of the day – racing together as a team. The conditions were tough for these events with the soft, spring like snow, starting to freeze, making it hard to balance and push off. Undaunted, all our teams excelled in highly competitive fields. Our division 2 boys team came 2nd with superstars Beau Duggan, Mack Hull and Ben Weir, despite both Beau and Mack being still eligible for division 3. In division 4, our primary school boys, Tom Docherty,

Tully Duggan and Hamish Retchford, took a convincing win and collected some impressive silverware! Special mention to our division 1 boys' team (Callum Bowring and Harri Silvester) who would have come 4th, however, they were relegated given they only had two skiers (Harri skied twice!).

In the individual classic races, all our team skied their hearts out. Stand out performances included podium positions for Hamish Retchford (1st Div 4), Beau Duggan (2nd in the Div 3) and Tully Duggan (3rd Div 4).

Unfortunately, we lost our female representatives to illness shortly before the event. Looking forward to having the girls back in 2023.

Big shout out to the Birkebeiner Nordic Ski Club (Australia's premier Nordic club) for their ongoing support of our junior skiers. Also, thanks to all the parents who helped on the day and in preparation for the event.



Division Four Relay winners, Hamish Retchford, Tom Docherty and Tully Duggan with some significant silverware! Pic – Courtesy Leanne Kilpatrick

Next stop National Interscholar championships in Perisher, NSW...•

Thanks Tim for the report – and well done to the whole team. Ed

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**Travelling to Falls Creek this winter?**

**Enjoy the comfort and safety!**

A skeleton timetable will operate until Friday 25th June – when the full timetable will come in to operation. Refer to our website for further details.

**www.fallscreekcoachservice.com.au**

But remember, the same convenient service applies! Leave the worries of pre-purchasing Resort Entry, Hiring and fitting Chains, coping with Anti-Freeze and icy slippery roads behind you.

Park your car in the Secure Car-Park in Tawonga South and enjoy the comfort of our modern warm coaches and experienced drivers for your holiday at Falls Creek. Check the Website for services from Melbourne, Albury and Mount Beauty

Group bookings and private transfers are also available for the entire 2021 winter season.

**FALLS CREEK COACH SERVICE**

233 Kiewa Valley Highway, Tawonga South  
**Phone: 03 5754 4024**  
\* Fuel \* Oil \* Antifreeze \* Chains \*

# CROSS COUNTRY NEWS

## What's on this Weekend

The Ski de Femme is back! This Saturday the 13th of August, all women or non-binary folk come down to the Nordic bowl at 10am to join in this FREE community cross-country ski event with free coaching clinics for either classic or skating.

This event is always loads of fun and it's a wonderful way to meet like-minded people on the mountain while advancing your ski skills. At noon, 1km, 2.5km, and 5km races will be held, and I have on good authority that the spot prizes this year are very good, so you won't want to miss this

one! Race entry is free, and beginners are very welcome. If you would like to register in advance, head to [alpinetiming.com.au/rg322](http://alpinetiming.com.au/rg322).

## Australian National Championships Recap

On the 30th and 31st of July the first leg of the Australian National Championships were held at Falls Creek. It was a thrilling weekend for spectators and athletes alike as we watched the best of the best in our country compete in some nail-bitingly close events, with four different athletes winning each of the four events held. A big thanks to the Birkebeiner Ski Club organising this event on behalf of Snow Australia, the hard-working technical delegates, Sandra Paul and Ben Derrick, and to mother nature for



The Successful gals on Saturday in the Women's final: Sarah Slattery, Ella Jackson, Katerina Paul, Phoebe Cridland. Pic - Finn Marsland

gifting us with a crisp sunny blue-bird day. For some competitors, this would be their first race since 2019 due to the pandemic!

In the women's event, we once again witnessed a masterclass on how to perform a classic sprint race by Katerina Paul, who won both the time-trial and final heat

## Roi's

Fully licensed restaurant

### INTIMATE DINING EXPERIENCE

Our intimate personal dinners for small group are proving to be a favourite with regulars and visitors.

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Regards, Roi and Sue.

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Visit the **Bogong Power Station Information Centre**  
For historical & geological exhibits.

Now open Sundays  
10:30am - 2:30pm Bogong Alpine Village  
Group Bookings - Phone 03 5754 3318

## EMERGENCY

<b>EMERGENCY</b>	000
Ambulance	000
<b>EMERGENCY BROADCASTER</b>	
Alpine Radio (Fires & Floods)	96.5 FM
<b>ELECTRICITY</b>	
Faults & Emergencies	13 17 99
<b>FIRE</b>	
Falls Creek/Mount Beauty/ Tawonga	000
<b>HOSPITAL</b>	
Mount Beauty	5754 3500
<b>MEDICAL CENTRES</b>	
Falls Creek	5758 3238
Mount Beauty	5754 3400

<b>POLICE (non-emergency)</b>	<b>131 444</b>
Falls Creek	5758 3424
Mount Beauty	5754 4244
Wangaratta	5723 0600
<b>REGIONAL ROADS VICTORIA</b>	<b>133 778</b>
Falls Creek	5758 3287
<b>RACV</b>	
Falls Creek/Mount Beauty	5750 1230
<b>BURN OFF NOTIFICATIONS</b>	
CFA	1800 668 511
<b>STATE EMERGENCY SERVICE</b>	
Falls Creek	13 25 00
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Falls Creek

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## 2022 WINTER PUBLICATION SCHEDULE & RATES

### PUBLICATION SCHEDULE:

Ed 10 \* 19.08.22 \* Big Air & Storm the Castle. Rocky Valley Rush. Kangaroo Hoppet Intro. (C)  
Ed 11 \* 26.08.22 \* The International Kangaroo Hoppet, Birkebeiner and Joey Hoppet. (C)  
Ed 12 \* 02.09.22 \* Kangaroo Hoppet Wrap and Results. Summit Masters Bumps Comp (C)  
Ed 13 \* 09.09.22 \* Wild Guide Escapes Ski Touring Retreat. Wrap of Summit Masters. (C)

**DISTRIBUTION:** • All accommodation houses, restaurants, businesses, club lodges & apartments in Falls Creek, Bogong Village, Mount Beauty, Tawonga South, Tawonga & Dederang, plus the RMB's between Dederang & Tawonga & selected venues in Bright & Myrtleford.

**ONLINE:** • Available in PDF form at: [www.falls creek.com.au/whatson/](http://www.falls creek.com.au/whatson/)

**WEBSITE:** • [www.thisweekinfalls creek.com.au](http://www.thisweekinfalls creek.com.au)

### ADVERTISING RATES:

**DISPLAY:**

- 1 column (6cm wide) = \$15.00 per cm. 4cp = \$20.00 per cm.
- 2 column (12.5cm wide) = \$25.00 per cm. 4cp = \$35.00 per cm.
- 3 column (19cm wide) = \$35.00 per cm. 4cp = \$49.00 per cm.

**CLASSIFIEDS:**

- Like the Trading Post. Send in your Classifieds and pay when you sell.

**BUSINESS DIR.:** • \$5.90 per line per Edition.

**DEADLINE:** • Friday 2.00pm prior to publication date

**CONTRACT:** • A Winter Season Contract is available for advertising in all 16 editions of winter offering a 15% discount - Invoiced four Editions in advance. Invoice dates are: 10.06.22, 08.07.22, 05.08.22 & 02.08.22.

## ENQUIRIES

For Information on Advertising or Editorial Contributions please contact:  
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Email: [kencbell@bigpond.net.au](mailto:kencbell@bigpond.net.au)

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by several seconds. The battle for second place was a clincher with a double pole sprint over the finish line by myself, Ella Jackson, securing second position by a mere 0.5 seconds from Phoebe Cridland in third. The fourth woman in the final heat was Sarah Slattery, making her debut as a nationals sprint finalist.

The men's events proved equally as exciting, with four of the male competitors being recent Australian representatives at the Beijing Olympics. Norwegian-Australian Lars Young-Vik made a memorable first appearance to Australian Champs by taking the win for both the time-trial and final heat. Seve de Campo and Phil Bellingham had a close fight to the finish placing second and third respectively in the final heat, which was an impressive rise in rank from their time-trial positions of 5th and 9th. Bentley Walker-Broose then rolled in to fourth position in the final, after a great day of tough back-to-back heats where he was consistently in contention for a medalling position.

Sunday's conditions for the distance skate race (10km for Women, 15km for Men) were a little more testing, and a notable

mention must go to Rusty Bellingham's performance as the race volunteer who was tasked with standing at the back of the Sun Valley loop in a biting wind for the entirety of the event! Every athlete who competing in this event demonstrated great resilience and skill to muster through not only the wind and visibility challenges, but the difficulty of the course itself having very few opportunities on the route gain your breath.

The women's podium for the 10km skate time trial was Zana Evans in 1st place, Kat Paul in 2nd, and Phoebe Cridland in 3rd. The men's 15km time trial podium was Phillip Bellingham in 1st (proud son of aforementioned Rusty), Seve De Campo in 2nd place, and Lars Young-Vik in 3rd position.



The guys working hard in the Men's Quarter Final, Lars Young-Vik, Declan Bourke, Adam Stecher, Jack Hirst. Pic - Finn Marsland

Best of luck to all of our athletes as they compete in the second leg of the National Championships in Perisher next weekend. • Ella Jackson

**Mountain Creek**  
architecture

Helen Mathew m 0419 399 737  
Mount Beauty | www.mountaincreekarch.com

**PHYSIOTHERAPY**

**Kiewa Valley Sports & Spinal Physiotherapy**

5A Hollonds Street, Mount Beauty  
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**WELCOME BACK TO WINTER!**

**NOBO**

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ELECTRONICS  
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## TRADING POST CLASSIFIEDS

### FOR SALE

One brand new pair of ASICS Tennis shoes, size 46 Euro (11.5 US). Worn once. Too tight for me. Retail Price: \$159.95. Will sell for \$120. Ph: 0400 350 488.

Stubby series 1000 universal woodturning lathe, as new, \$9,000. Ph: 0408 466 790.

Cane Armchair and footstool. \$30. Six metal framed dining chairs upholstered in burgundy vinyl \$30. Ph: 0477 443 964

RM Williams Cuban Heel Boots, Bushman Tan, with added rubber protective sole. Almost brand new. Size 9 G. Retail \$309.95 will sell for \$250. Ph: 0400 350 488.

Snowmobile 2004 Polaris Trail Touring. Electric start and electric reverse. Only travelled 240km, always housed undercover at Wang Ski Club and regularly serviced. Comes with service manual and supplement. Located Mount Beauty, all offers considered. Contact Chris 0457 410 933.

Orbea AVANT M20 DISC road bike, Carbon frame, size 60, colour- Carbon-Blue. \$1,950. \* Nello Viper 51 kayak. \$1,500. \* Ph: 0408 466 790.

Blade X rollerblades, as new not yet used, men's size 43, \$100. Ph: 0408 466 790.

### THOUGHT FOR THE DAY

He knows nothing; and he thinks he knows everything. That points clearly to a political career." - George Bernard Shaw

### VALLEY FUN & FITNESS CLASS

Every Tuesday at 9am at the Ladies Facility, Dederang Recreation Reserve. All equipment provided. Bring a drink bottle and towel. \$6 per session. All Welcome. A great way to keep fit and socialise at the same time. Class usually followed by coffee at the Dederang Shop. Classes by Narelle Jones (Personal Trainer). Enquiries: Sharon McEvoy 0438 289 293 (th6macas@bigpond.com)

## BUSINESS DIRECTORY

### ALTERATIONS, DRESSMAKING & REPAIRS

Call Kerry Mb: 0407 814 114 for all sewing needs.

### ALTITUDE PHYSIO & MASSAGE

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# FALL LINES

## Birthdays

Birthdays are a celebration of the years we have achieved since birth. Some we like to let go – others should be celebrated among the community.

In this particular case it is a very significant birthday for Bunty Crosby who will celebrate 90 years young next Sunday the 21st of August.

Bunty is a well-known and respected member of this community and this paper, on behalf of the community would wish Bunty all the very best for this one and more to come. When you see Bunty out shopping make sure you wish her all the best. •



Wish Bunty Crosby the very best for her 90th.  
Pic – Courtesy the family

Falls Creek		MEDICAL SERVICES		Mount Beauty	
<b>WHERE</b>	Bottom of Gully Chairlift.	<b>WHERE</b>	Tawonga Crescent.	<b>WHERE</b>	Tawonga Crescent.
<b>WHEN</b>	Open Daily 10am – 12:30pm & 2pm – 5pm (Map Ref J6)	<b>WHEN</b>	8:30am – 5pm Mon – Friday 10am – 12noon Saturdays.	<b>WHEN</b>	8:30am – 5pm Mon – Friday 10am – 12noon Saturdays.
<b>HOW</b>	Ph: 03 5758 3238 all day. 24 hours for Emergencies.	<b>HOW</b>	Ph: 03 5754 3400 for appointments	<b>HOW</b>	Ph: 03 5754 3400 for appointments
<b>WHO</b>	General Practitioners experienced in Family and Snow Sports Medicine.	<b>WHO</b>	Mark Zagorski OAM, Jeff Robinson, Libby Geroni, Sky Delaney, Laura Zagorski, Angela Stratton, Lauren Cusson, Damian Heman, Daniel Florisson & Andrew Mason.	<b>WHO</b>	Mark Zagorski OAM, Jeff Robinson, Libby Geroni, Sky Delaney, Laura Zagorski, Angela Stratton, Lauren Cusson, Damian Heman, Daniel Florisson & Andrew Mason.
<b>WHAT</b>	First fully accredited snowfields practice in Australia based on 36 years experience.	<b>WHAT</b>	Fully accredited General Practice with 42 years service to the Upper Kiewa Valley.	<b>WHAT</b>	Fully accredited General Practice with 42 years service to the Upper Kiewa Valley.

**“You’ve only got one head – put a lid on it!”**

## WHAT'S ON IN 2022

*COVID-19 Restriction changes and weather may impact some of these events.*

❄️ **REGULAR WINTER EVENTS** ❄️

**WEDNESDAY & SATURDAYS**  
Night Skiing as Wombat's Ramble lights up, 6pm to 8:45pm allowing you to continue your ski and snowboard adventures.

**TWILIGHT TUESDAYS**  
Taking place every Tuesday to late August. 3:30pm to 5:30pm in the Village Bowl. Fire pits, marshmallows, games, music and Pete the Snowdragon. Further details: 03 5758 1200.

**THURSDAYS**  
Fireworks Fiesta – 7pm Every Thursday from July 7th to August 25th Best enjoyed from the Village Bowl near the Frying Pan Inn.

**AUG 13 & 20** Park Run. 8am at Bicentennial Park by the lake in Lakeside Avenue. No run on Hoppet Day.

**AUG 13** Ski de Femme – Fun for the girls. 10am Nordic Bowl. Ronice Goebel Ph: 03 5754 4910.

**AUG 13** TDFNL Rd 17. Dederang Mount Beauty V Mitta United @ Dederang

**AUG 20** TDFNL Rd 18. Dederang Mount Beauty V Beechworth

**AUG 20** Big Air & Storm the Castle in Ruined Castle park from 1:30pm. Competition from 2:45pm.

**AUG 21** Rocky Valley Rush & Sun Valley Ramble 15 & 7.5km. 10:30am Nordic Bowl. Ph: 0427 006 246

**AUG 25** Fabulous Falls Creek Invitation Night Sprints. 6pm in the Village Bowl outside the Frying Pan Inn. Ph: 03 5754 1045.

**AUG 27** Kangaroo Hoppet 9:30am. Australian Birkebeiner 9:40am. Joey Hoppet 9:50am. Nordic Bowl. Entries Now Open! Visit: <https://hoppet.com.au/>

**SEP 3 & 4** Australian Junior Sprint (Sat 9:30am) & Distance (Sun 10am) Championships. Nordic Bowl. Ann Bellingham 0427 006 246

**SEP 2-11** Gay Ski Week at Falls Creek. Go to <https://pointsofdifference.com/gay-ski-week-australia-2022/>

## FallsCreek VILLAGE DIRECTORY

- Snow-cleared road
- Ski-in / ski-out road
- Stairs

- Ski lift
- Street number
- Village bus stop

- Shuttle stop
- ATS (Accommodation Transfer Service)
- Toilets

- Defibrillator location
- Information centre
- Post office
- Police / CFA / SES
- Medical centre / ambulance
- Helipad / Parking